

### Path to Piety



The Great Spiritual and Scholarly Luminary of 15th Islamic Century Shaykh-e-Tariqat, Amir-e-Ahl-e-Sunnat,the Founder of Dawat-e-Islami, 'Allamah, Maulana, Abu Bilal

### Muhammad Ilyas Attar Qadiri Razavi

has formulated a comprehensive collection of Shari'ah and Tariqah in the form of questions, making it easy to perform good deeds and abstain from sins in this era of evils. This collection has been termed as:

# 63 Madani In'amat

(For Islamic Sister)

An easy method to act in accordance with these Madani In'amat has been given at the end of the booklet. For more details, refer to the book 'Jannat kay Talabgaron kay liye Madani Guldasta' (in Urdu language) published by Maktaba-tul-Madina







For Islamic Sisters

Shaykh-e-Tarīqat, Amīr-e-Ahl-e-Sunnat, Founder of Dawat-e-Islami, Allamah Maulana

1 دَامَتْ بَرَكَاتُهُمُ الْعَالِيَه

Abu Bilal Muhammad Ilyas Attar Qadiri Razavi



Translated into English by Majlis-e-Tarājim (Dawat-e-Islami)

ٱلْحَمْدُ لُلِلَّهِ رَبِّ الْعُلَمِيْنَ وَالصَّلُوةُ وَالسَّلَامُ عَلَى سَيِّى الْمُرْسَلِيْنَ أَمَّا اَبَعْدُ فَاَعُودُ بِاللَّهِ مِنَ الشَّيْطِنِ الرَّحِيْمِ فِيسْمِ اللَّهِ الرَّحْلِنِ الرَّحِيْمِ فَي

### Madanī Clarifications

Three rulings have been established to answer the questions that arise about details and relaxations regarding Madanī In'āmāt¹.

Rule 1: Some Madanī In'āmāt are comprised of a few segments. For example, the Madanī In'ām about Taĥajjud, Ishrāq, Chāsht and Awwābīn includes four segments. In case of such Madanī In'ām, if one practises most of the segments, the Madanī In'ām will be considered fulfilled as per official line. ('Most' means more than half e.g. 51 out of 100 will be considered 'Most')

Majlis-e-Tarājim

<sup>&</sup>lt;sup>1</sup> 'In'āmāt' literally means 'gifts'. 'In'ām' is the singular for In'āmāt. Every question has been called a 'Gift' – a gift for the afterlife. النُهَـــَاءَاللهِ عَلَيْهِا للهِ عَلَيْهِا اللهِ عَلَيْهِا للهِ عَلَيْهِا للهُ عَلَيْهِا للهِ عَلَيْهِا للهُ عَلَيْهِا للهِ عَلَيْهِ عَلَيْهِا للْهِ عَلَيْهِا لِهِ عَلَيْهِا لِهِ عَلَيْهِا للهِ عَلَيْهِا لِهِ عَلَيْهِا لِهُ عَلَيْهِا لِهِ عَلَيْهِا لِهِ عَلَيْهِا لِهُ عَلَيْهِا لِهِ عَلَيْهِا للْهِالْعِلْمِيْهِ عَلَيْهِا لِهِ عَلَيْهِا لِهِ عَلَيْهِا عِلْهِ عَلَيْهِا لِهِ عَلَيْهِا لِهِ عَلَيْهِا لِهِ عَلَيْهِا لِهِ عَلْهِ عَلَيْهِا لِهِ عَلَيْهِا عَلَيْهِا لِهِ عَلَيْهِا عَلَيْهِا عَلَيْهِا عَلَيْهِا عَلَيْهِا عَلَيْهِ عَلَيْهِا عَلَيْهِا عَلَيْهِا عَلَيْهِا عَلَيْهِا عَلَيْهِا عَلَيْهِ عَلَيْهِا عَلَيْهِ عَلَيْهِا عَلْهِا عَلَيْهِا عَلْهِا عَلَيْهِا عَلَيْهِا عَلَيْهِا عَلَيْهِا عَلَيْهِا عَلَيْهِا

Rule 2: Some Madanī In'āmāt are such that if they are missed on some day, they can be made up for on next day. For example, one remained deprived of reading 4 [consecutive] pages of Faizān-e-Sunnat, or reciting Ṣalāt-'Alan-Nabī مَلِّ المُفْقَالُ عَلَيْوهِ وَالْهُوَعَالِي عَلَيْوهِ وَالْهُوَعَالِي عَلَيْوهِ وَالْهُوَعَالِي عَلَيْهِ وَالْهُوَعَالِي عَلَيْوهِ وَالْهُوَعَالِي عَلَيْهِ وَالْهُوَعَالِي عَلَيْهِ وَالْهُوَعَالِي عَلَيْهِ وَالْهُوَعَالِي عَلَيْهِ وَالْهُوَعِيْمِ وَمِنْ الْمُعَلِّي وَلِي عَلَيْهِ وَالْهُوَعِيْمِ وَمِنْ الْمُعَلِّي وَلِي عَلَيْهِ وَلَيْهِ وَمِيْمِ وَمِنْ الْمُعَلِّي وَمِنْ وَنْ وَمِنْ وَ

<u>Rule 3:</u> It takes some time to get accustomed to some of the Madanī In'āmāt. For instance, abstaining from laughing loudly, avoiding offensive language and keeping the eyes lower whilst walking. During the period when effort is being put in, the Madanī In'ām will be considered fulfilled. (Effort will be considered valid if practice is done at least thrice that day.)

			47	7 D	ay	-to	-D	ay	Ma	da	nī	In'	ām	āt		
				Fir	st l	Lev	el:	<b>17</b> ]	Mad	dan	ī I1	ı'āı	nāt			
1.	pe	rfo	rmi	ng s	som	e o	f th	e p		issi	ble	act	s? N	Лor	eov	before er, did
	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 Total   16 17 18 19 20 21 22 23 24 25 26 27 28 29 30															
2.	M	usta	aḥal	o to	fix	so	me	are		f h						ach an
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
3.	an an	d S	ūraĺ	h A	l-Ik oing	hlā: g to	ș afi	ter o	offe	ring	gea	ch o	of th	ne d	aily	āṭimaĥ Ṣalāĥ, Sūraĥ
	1	2	3	4	5	6	7	8	9	10 25	11 26	12 27	13 28	14 29	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

4. Today, did you respond to Ażān [call for Ṣalāĥ] discontinuing all activities e.g. talking, walking, cooking, picking up and putting down things, talking on the phone, etc.? (If Ażān starts while one is already eating/drinking, she may continue).

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

5. Today, did you recite some Awrād from your Shajaraĥ and invoked Ṣalāt-'Alan-Nabī at least 313 times? Moreover, did you avail the virtue of reciting or listening to at least three verses of the Noble Quran from Kanz-ul-Īmān (with the translation and commentary)?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

6. الله عَوْرَبَال means 'if Allah عَوْبَتِكَ willed'. Persuasion for invoking it is mentioned in Aḥādīš. Did you invoke the sacred words of الله عَلَوْبَا الله عَوْرَبَا at the time of intending for any permissible thing with firm commitment or not? Did you invoke المَّا يُعْلَى كُلِّ حَال (i.e. thanksgiving to Allah عَوْرَبَا under every condition) instead of moaning when somebody asked about your health and did you invoke المَّا وَاللهُ عَارُبَا اللهُ عَوْرَبَا (i.e. whatever be the will of Allah عَرْرَبَا ) on seeing bounty upon somebody?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

7. Today, did you converse courteously with everybody (at home and outside) whether younger or older, even with your mother (and even with a one day old infant)?

ľ	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

8.	То	day	, ć	lid	yοι	ıre	espo	ond	[b	y S	alā	m]	ins	tan	tly	to the
	Sa	lām	ра	id t	о у	ou l	by o	othe	ers?	If s	om	eor	ne ii	nvo	ked	آلحَمْدُ لِللهِ .
	up	on	sne	ezi	ng l	efo	re	you	, di	d y	ou 1	resp	ono	d in	staı	ntly by
	inv	vok	ing	الله	رْحَمُكَ	i) يَــ	n a	tor	ne a	udi	ble	to	bot	h)?	(Re	espond
	to	Sal	ām	/sn	eezi	ng	of	Noı	n-N	ſaḥı	ram	[n	nan	] w	ith	a tone
	au	dib	le o	nly	to y	ou/	rsel	f)								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total

9. Today, did you try to make use of the official terms of Dawat-e-Islami during conversations? Did you make an effort to correct your pronunciations?

18 19 20 21 22 23 24 25 26 27

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Ľ
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

10. Today, during meals, did you try your utmost to sit according to the Sunnaĥ, observe 'Pardaĥ over Pardaĥ' and use earthenware utensils? Moreover, did you make an effort to observe 'Qufl-e-Madīnaĥ of the Stomach' (i.e. eating less than the appetite)?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

 $<sup>^1\,{}^\</sup>prime Parda\^{h}$  over Pardaћ' in the Madanī Environment refers to double covering the private parts – with clothes and then with a sheet (Chādar) or with the Kurta.

11. Today, did you deliver or listen to at least two Dars from Faizān-e-Sunnat wherever convenient (Madrasaĥ, home, etc.)? (During the days of menses, it is permissible to deliver Dars without reciting the Quranic verses and their translation and without touching the section of the page which has the verse and translation, from the front or the back.) (Of these two Dars, it is necessary to do one at home.)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

12. Today, did you read or listen to some reforming book published by Maktaba-tul-Madīnaĥ for 12 minutes; and read or listen to at least four pages of Faizān-e-Sunnat in sequence (excluding that of Dars)?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

Today, did you offer Salaĥ-tut-Taubaĥ at least once (preferably before going to bed) and repent of the sins committed today as well as in the past? Further, in case some sin got committed, Allah عَرَيْعَلُ forbid, did you repent instantly and vow never to commit that sin again?

Total 2.1 

14. Did you check off the boxes with utmost concentration for the Madanī In'āmāt which you acted upon today, whilst practising Fikr-e-Madīnaĥ (reflecting upon your deeds) for at least 12 minutes?

Total 16 17 19 20 

15. Today, did you try your best to sleep on mat woven from palm leaves (not made up of plastic) and, if unavailable, on the floor? Furthermore, did you keep mirror, kohl, comb, needle & thread, Miswāk, bottle of oil and a pair of scissors near your pillow while sleeping (and along with you while travelling) in accordance with the Sunnaĥ? Did you fold back your clothes and beddings etc. after using them?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

in your home عَمَاذَ الله (Angels of Mercy do not enter the home in which portraits of living beings bear respectful display and the home in which there is a dog. If you have influence, remove pictures from walls, clothes, bottles, boxes, and from everywhere in the home to earn reward. Don't dress your children with clothing that bear pictures of living beings.)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

17. Today, did you try to convince at least two Islamic sisters through Infirādī Koshish [Individual Effort] towards Madanī In'āmāt, the Sunnaĥ-inspired Ijtimā', and other Madanī activities?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

	- 1				- 1.	
Second	eve	I• 18	Mad	anī	ln's	imāt

18.	Today, did you offer the Sunnaĥ Ṣalāĥ preceding the Farḍ
	Rak'ats of Fajr, Zuĥr, 'Aṣr and 'Ishā and the Nafl Ṣalāĥ
	that follows the Fard Ṣalāĥ?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

19. Today, did you offer the Nafl Ṣalāĥ's of Taĥajjud, Ishrāq, Chāsht and Awwābīn?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

20. Did you offer Nafl Şalāĥ of Taḥiyya-tul-Wuḍū at least once today?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

21. Today, did you abide by the Markazī Majlis-e-Shūrā, Kābīnāt, Mushāwarāts and various Majālis you are subordinate of (within the stipulations of Sharī'aĥ)?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

22. Apart from the members of your households, did you refrain from borrowing and using other people's belongings (e.g. clothes, phone, jewellery etc.) today? (Only use your own things and keep the things you need, adequately marked and well secured, with you).

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

23. Today, when felt anger on someone (in household or outside), did you react by speaking out or controlled your anger by observing silence? Moreover, did you forgive or did you keep on seeking opportunities for settling the score?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Tot
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

24. If some responsible sister (or any common Islamic sister) committed a wrongdoing that needs to be rectified, did you attempt to rectify her (in a polite manner) either in writing or by meeting her in person or معادة الله you committed grave sin of backbiting by revealing it to some other without stipulation of Sharī'aĥ?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

25.	Today, did you refrain from asking such useless questions
	which usually lead the Muslims to commit the major sin
	of telling a lie? (For example, asking 'Did you like our meal?'
	or 'Did you suffer troubles during the travel?' needlessly
	etc.)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

26. Today, did you abstain from unlawful act of talking laughingly and in over-interactive manner with Nā-Maḥram relatives, neighbours and also brother-in-law? Did you avoid coming in front of them and did you observe Shar'ī Pardaĥ?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

27. Today, did you abstain from watching movies, dramas, and listening to music/songs/sinful news on television, VCR, DVD or Internet etc. (at home and outside)? Did you keep close your eyes for at least 12 minutes (besides sleeping), in order to inculcate the habit of guarding eyes from sins?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

28. Today, did you act upon the 19 Madanī pearls, whenever possible, to establish Madanī Māḥaul [Righteous Environment] in your home? Moreover, did you return home before Ṣalāt-ul-Maghrib finishing your organizational activities? (The Madanī pearls are present at the end of this booklet.)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

29. Today, did you refrain from laying false blame on others and name calling (in the home and outside) and swearing at others? (Don't call anybody thief, witch, lanky, shorty, etc.)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

30. Today, did you refrain from intruding into other's conversation interrupting their words without listening to their point properly? Moreover, despite understanding the point, did you bother others to repeat themselves, by your casual gestures, facial expressions, or by saying words like: 'what?', 'pardon?' etc.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

Today, did you refrain from telling a lie to the children of your households for making them follow you? (For example saying "Eat your food; then I'll give you a toy" or "Go to sleep; the cat's coming," etc. – It is lie when all this is not factual)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

32. Did you remain in the state of Wuḍū [Ritual Ablution] for most part of the day today? Did you make effort to practise the Sunnaĥ of keeping face towards the Holy Qiblaĥ most of the time whilst seating?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

33. Today, did you teach or learn in Madrasa-tul-Madinaĥ (for adults)?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

34. Did you keep your eyes lower most of the time observing 'Qufl-e-Madīnaĥ' of the eyes whilst walking or travelling today? Moreover, did you refrain from looking here and there, at the billboards etc. needlessly? Moreover, while conversing with others did you lower your eyes most of the time or look straight at them?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

35. Did you make effort today to refrain from peeping (needlessly) outside from the balcony of your home or peeping inside other's homes through the doors etc.?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

#### Third Level: 12 Madanī In'āmāt

36. Did you avoid delay in paying back your debts (despite being capable of paying back) today without the consent of the creditor(s)? Did you return back the (temporarily) borrowed belongings after the fulfilment of their use, within the stipulated time?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

37. Upon knowing weakness of some Muslim today, did you guard their good name by concealing it or disclose (without Shar'ī requirement)? Did you refrain from revealing somebody's secret (without his consent) thereby avoiding breach of trust?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

38. Did you succeed in refraining from telling a lie, backbiting, tale-telling, jealousy, arrogance and breaking promises today?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

39. Did you make an effort to observe fearfulness in body and heart from Allah عَدْوَعَلَ (Khushū' & Khuḍū') whilst offering Ṣalāĥ and making Du'ā today? Also, did you keep palms of your hands towards sky whilst making Du'ā?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

40. Did you refrain from committing hypocrisy and ostentation today by avoiding expressing humility when these virtues were absent in the heart? (For example, Someone says: 'I am disgraced' or 'I am malicious' but in fact, in her heart she considers herself as extremely good and pious).

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

41. Did you practise 'Qufl-e-Madīnaĥ of the Tongue' to inculcate habit of refraining from useless talks today by communicating occasionally through gestures, and at least twelve times in writing?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

42. Did you succeed in refraining from joking, taunting, laughing aloud and hurting other's feelings (at home and outside) today? (Remember! It is a major sin to hurt the feelings of a Muslim).

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

43. Did you make an effort to make use of minimum words even during unavoidable conversations today? Also, in case useless words slipped out, did you immediately feel remorse and invoke Żikr of Allah or Ṣalāt-'Alan-Nabī at least once?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

44. Today, in the case that you were permitted to go out by Sharī'aĥ, did you wear Madanī Burqa' (full veil), hand-gloves and socks? (Madanī Burqa', hand-gloves and socks are the best things to observe Shar'ī Pardaĥ. The colour of the skin should not be visible across the gloves and the socks.)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

45. Today, did you refrain from committing the sin of immodest dressing wearing skin tight clothing and/or thin garments (which show the shape of the organs or the colour of the skin)? Moreover, did you refrain from sinful fashions such as adopting manly hair style, setting the eyebrows, not cutting the nails for more than 40 days, etc.? (Nail polish is hindrance in accomplishing Wuḍū and Ghusl, and glitter should also be abstained from.)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

46. Have you developed personal relations with one or a few (bearing no Shar'ī purpose) or do you maintain uniform conduct with all? (It is a common observation that personal friendships and grouping usually hinder progress of Sunnaĥ inspiring movement. However there is no harm in being with a trustworthy pious Islamic sister when it is necessary to go outside).

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

47. Did you attentively listen to at least one Sunnaĥ-inspiring Bayān or Madanī Mużākaraĥ today from audio/video cassette in a Cassette Ijtimā' or individually?

				-,					/	-					
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

#### 63 Madani In'amat

Re	ecord of Practis	ing Qufl-e-Madīna	ĥ (Madanī month _	year )
Date	Communicating by writing	Communicating via signs & gestures	Talking without staring at the person's face	Using Qufl-e-Madīnaĥ Spectacles
	at least 12 times	at least 12 times	at least 12 times	approx. 12 minutes
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17 18				
19				
20				
21				
22				
23				
24				
25				
26				
27				
28				
29				
30				
Total				

### 3 Weekly Madanī In'āmāt 48. Did you attend the Weekly Ijtimā' from beginning to end, sitting in reverential posture like that in Salāh (for as long as possible), keeping eyes lowered most of the time, listening to all the Bayanat, and participating in Żikr, Du'ā and Salāt-o-Salām? 49. Right after the Iitima' this week, did you come forward and gain the virtue of meeting at least one new Islamic sister, whilst attempting individual effort and noting down names, addresses and contact numbers? Other than this, did you act upon the Sunnah of smiling most of the time when talking to other Islamic sisters, husband and other Muhrims? It is better to remain cautious as regard to the father-in-law. 50. Did you observe Fast on Monday (or on any other day if could not on Monday) in this week? Did you eat bread made from barley at least once this week?

#### 5 Weekly Madanī In'āmāt

- 51. Did you fill out and submit the previous Madanī month's Madanī In'āmāt booklet to your Żaylī Nigrān on the first Wednesday of this month?
- 52. Did you observe Qufl-e-Madīnaĥ for 25 hours having read the booklet 'Silent Prince' on the first Monday of this month in order to develop habit of refraining from useless talks? Moreover, did at least one Islamic sister filled the Madani Ina'mat booklet performing Fikr-e-Madinah and submitted it as a result of your individual effort in this month?
- 53. This month, at the time of the Ṣalāĥ, did you invoke Żikr, recite Ṣalāt-ʿAlan-Nabī, or read some religious book (without touching the Quranic verses or their translation) during the days of the menses or postnatal bleeding, for the time duration which you usually need in offering Ṣalāĥ?

- 54. Have you memorized along with translation: the Six Kalimaĥs, Īmān-e-Muſaṣṣal, Īmān-e-Muſmal, Takbīr-e-Tashrīq and Talbiyaĥ (Labbayk)? Did you recite all of them on the first Monday (or on any other day if could not on Monday) of this month?
- 55. Have you memorized with correct pronunciation: Ażān, Du'ā that is recited after Ażān, the last ten Sūraĥs of the Holy Quran, Du'ā-e-Qunūt, Attaḥiyyāt, Durūd-e-Ibrāĥīm and any one Du'ā-e-Māšūraĥ? Did you recite all of them on the first Monday (or on any other day if could not on Monday) of this month?

#### 8 Yearly Madanī In'āmāt

56. Have you read or listened to all Madanī booklets (those that you are aware of) written by Amīr-e-Aĥl-e-Sunnat at least once during this year?

57. Have you read, or listened to all the pamphlets of Madanī pearls (those that you are aware of) written by Amīr-e-?at least once during this year دَامَتُ بَرَ كَاتُهُمُ الْعَالِيَهِ Aĥl-e-Sunnat 58. Have you completed the recitation of the entire Quran at least once with correct pronunciation of letters? Have you also revised it this year? 59. Have you read or listened to Tamĥīd-ul-Īmān (inclusive of marginalia: Īmān kī Peĥchān) written by A'lā Ḥaḍrat مَخْمَةُ اللهِ تَعَالَى عَلَيْهِ, and Kufriyaĥ Kalimāt kav bāray mayn Suwāl Jawāb and Chanday kay bāray mayn Suwāl Jawāb published by Maktaba-tul-Madīnaĥ? 60. Having learnt correct method of Wudu, Ghusl and Salāĥ from Baĥār-e-Sharī'at or Islāmī Beĥno kī Namāz. have you got yourself screened from a Muballighah or a Mahram Muballigh in this regard?

- 61. Have you read or listened to the chapters on the subjects of Repentance [Taubaĥ], Devotion [Ikhlāṣ], Piety [Taqwā], Fear of Allah عَدُوجَلُ and Good Hope from Him [Khauf & Rijā], Vanity and Ostentation ['Ujub & Riyā], and Guarding the eyes, ears, tongue, heart and stomach from Imām Ghazālī's last treatise Minĥāj-ul-'Ābidīn at least once this year?
- 62. Did you observe missed fasts for the fasts missed this year in Ramadan due to menses? (A woman who is in her menses or period of post-natal bleeding is exempted from Ṣalāĥ but is obliged to observe missed fasts thereafter).
- 63. Have you read the following subject matters from Bahār-e-Sharī'at: Apostasy from Part 9; Impurities and the Method of Purifying Clothes from Part 2, Trading (buying and selling) from Part 16; Rights of Parents; (and if married) Maḥārimāt, and Rights of Spouse from Part 7; Upbringing the Children from Part 8, details regarding Divorce, Ziĥār, and Ṭalāq-e-Kināyaĥ at least once during this year?

#### Rituals for Earning Pleasure of Allah عَزَّقِجًا

#### Ajmayrī Daughter of 'Attar

Amīr-e-Ahl-e-Sunnat وَاصَاتَهَ تَالَّهُ هِ الْعَالِيّه says that whoever performs the following 10 activities consistently is my "Ajmayrī Daughter".

- (In addition to other Farāiḍ and Wajibāt) Offers the five times Daily Ṣalāĥ within stipulated timings, with fearfulness in body and heart from Allah عَرَّهَ للهِ (Khushū' & Khuḍū') in Masjid ul Bayt.
- Delivers or listens to two Dars (in Madrasah, at home etc.) every day from Faizan-e-Sunnat (Of these two, it is necessary to do one at home)
- Makes arrangements every day to teach or study in Madrasa-tul-Madinah (for female adults).
- Persuades at least two Islamic Sisters every day, through her Infirādī Koshish towards Madanī In'amāt, Madrasa-tul-Madinah (for female adults), Sunnah Inspiring Ijtima, Madanī class and other Madanī activities.
- Spends at least 2 hours every day for Madanī activities of Dawat-e-Islami (e.g. Infirādī Koshish, attending Dars or Bayān or Madrasa-tul-Madīnaĥ for female adults etc.)
- 6. Offers Nafl Şalāĥ Tahajjud, Ishrāq, Chāsht, and Awwabīn, every day.
- 7. Attends the Weekly Sunnaĥ Inspiring Ijtima from the beginning to the end.
- 8. Listens to at least one Bayan or Madanī Mużakaraĥ every day.
- Fills out the Madanī In'amāt questionnaire every day doing Fikr-e-Madīnaĥ and submits it to the responsible Islamic sister on the first Wednesday of the Madanī month.
- 10. Observes the missed fasts for the fasts missed due to menses or post-natal bleeding.

#### Baghdādī daughter of 'Attar

Amīr-e-Aĥl-e-Sunnat المنافقة states, "Whoever, in addition to the 10 rituals given above practises at least 52 out of 63 Madanī In'āmāt is my Baghdādī daughter. The Student of Madrasa-tul-Madīnaĥ and Jāmi'a-tul-Madīnaĥ who use to practise at least 72 out of 83 Madanī In'āmāt is my Baghdādī daughter.

#### Makkī daughter of Attar

Amīr-e-Aĥl-e-Sunnat المنت بَرَكَاتُهُمُ العَالِيَّة has stated, "Whoever performs the following five activities in addition to becoming my *Ajmayrī* daughter and *Baghdādī* daughter by practising above rituals is my *Makkī* daughter:

- 1. Communicates by means of writing at least 12 times every day
- 2. Communicates with gestures at least 12 times daily
- 3. Uses the Qufl-e-Madīnaĥ spectacles for at least 12 minutes every day
- 4. Keeps her eyes lowered while talking to others for at least 12 times every day (when talking is unavoidable).

5. Reads at least one booklet every week. (Amīr-e-Aĥl-e-Sunnat دَاصَتْ بَرَ كَٱلُهُمُ الْعَالِيَّهُ is extremely pleased with one who reads at least one booklet daily)."

#### Madani daughter of 'Attar

Amīr-e-Aĥl-e-Sunnat المتث بَرَكَاتُهُمُ التَّالِيّة has stated, 'Whoever practises all the 63 Madanī In'āmāt in addition to all the rituals mentioned above is my Madanī daughter. A student who practises all 83 Madanī In'āmāt in addition to all above rituals is my Madanī daughter.'

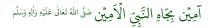
#### Sentiments of 'Attar

#### From whom is 'Attar annoyed with!

Any Islamic sister who publicly opposes Dawat-e-Islami's Markazī Majlis-e-Shūrā, Intiẓāmī Kābīnāt or any other Majlis, without any Shar'ī requirement is neither my *Ajmayrī* daughter, nor my *Baghdādī* daughter, nor my *Makkī* daughter and nor my *Madanī* daughter. Instead, the heart of 'Aṭṭār is annoyed with her.

#### Du'ā from 'Attar

O Allah عَزَوْجَلَ ! Grant me and my 'Ajmayrī', 'Baghdādī', 'Makkī' and 'Madanī' daughters an abode in Paradise in the neighbourhood of the Noble Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَاللهِ مَسَلَّم.



Markazī Majlis-e-Shūrā (Dawat-e-Islami) ٱلْحَمْدُولِلْهِ رَبِّ الْعُلَمِيْنَ وَالصَّلُوةُ وَالسَّلَامُ عَلَى سَيِّدِالْمُوسَلِيْنَ آمَّا بَعُدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطُنِ الرَّحِيْمِ فَيِسْدِ اللَّهِ الرَّحْدِينِ الرَّحِيْمِ فَي

## 19 Madanī pearls for developing Madanī environment in the home

- 1. When entering or leaving the home, pay Salām loudly.
- 2. Stand up out of respect when you see one of the parents coming.
- 3. At least once a day, Islamic brothers should kiss the hands and feet of their father, and Islamic sisters should kiss the hands and feet of their mother.
- 4. Keep your tone of voice low enough in front of your parents, never stare at them, and keep your eyes lower whilst talking to them.
- 5. Immediately complete any task which they assign you if it is not against Sharī'aĥ.

- 6. Adopt a sober conduct. Refrain from stubborn argumentation, laughing and joking, getting angry over small issues, finding faults in food, scolding or beating younger brothers and sisters, or quarrelling with elders of the household. If you have such habits, change your attitude thoroughly and seek forgiveness from everyone.
- If you will adopt sober conduct in the home and outside الن شاع الله عود و الله عود و الله عود و الله الله عود و الله
- 8. Speak to your mother, even the mother of your children, and the children, even the infants of home (or outside) in a courteous manner.
- 9. Go to bed within 2 hours of the time of 'Ishā Jamā'at in the Masjid of your environs. If only you wake up for Taĥajjud, or at the very least, wake up easily for Fajr, and offer congregational Fajr Ṣalāĥ in the first row of the Masjid. In this way, laziness will not be felt at work either.

- 11. No matter how much you are scolded at home, or even if you are beaten, be patient, be patient, and be patient. If you started to pay back in the same coin, then there will be no hope of developing Madanī environment in your home, and in fact this could further worsen the situation. If unwarranted strictness is observed, Satan sometimes succeeds in making the people stubborn.

- One excellent method of creating Madanī environment in the home is to ensure that you deliver or listen to a Dars from Faizān-e-Sunnat at your home every day.
- 13. Make heartfelt Du'ā continuously for everyone in your family, as the Beloved Prophet صَلَّى اللَّه تَعَالَى عَلَيْهِ وَاللّهِ وَسَلَّم has said, 'يَالُوَّعَاءُ سِلَاحُ الْمُؤُمِنِ 'meaning, 'Du'ā is the weapon of the true believer.' (Al-Mustadrak-lil-Hakim, Vol. 2, pp. 162, Ḥadiš 1800)
- 14. In the above lines, wherever home is mentioned, those who live with their in-laws should take this as the home of their in-laws, and where parents are mentioned, they should observe the same courteous conduct with their mother-in-law and father-in-law, as long there is no Shar'ī prohibition in doing so.
- 15. It is mentioned on page 290 of Masāil-ul-Quran, 'Recite the following Du'ā after every Ṣalāĥ (with Ṣalāt-'Alan-Nabī once before and once after it) لِنْ شَاءَاللّٰهِ عَزْدَجَلَّا

your family members will become adherent to the blessed Sunnaĥ and a Madanī environment will prevail in your home.' The Du'ā is:

Note: (ٱللَّهُمَّ) is not part of the Quranic verse

16. When a disobedient child or any such member of the family is sleeping, recite the following blessed Ayaĥ [verse] everyday for 11 to 21 days by his bedside towards the head in such a tone of voice that the person does not awaken from his sleep:

<sup>&</sup>lt;sup>1</sup>Translation from Kanz-ul-Īmān: O Our Lord, soothe our eyes with our wives and our children, and make us leader of the pious



(With Ṣalāt-'Alan-Nabī once before and once after it)

<u>Remember!</u> When dealing with a disobedient that is grown up, there is a chance that he may awaken if this is recited aloud whilst he is sleeping, especially if he is not in deep sleep. It is difficult to ascertain whether somebody has just closed his eyes or he is actually asleep, therefore when there is a chance of discord or trouble, do not perform this invocation. In particular, a wife should not perform this invocation for her husband.

To make disobedient children obedient, recite مَا شَهِينُدُ
21 times every day after Ṣalāt-ul-Fajr whilst face towards the sky, until getting the desired results.

<sup>&</sup>lt;sup>1</sup> Translation from Kanz-ul-Īmān: In fact it (what they deny) is the Noble Quran, in the Preserved Tablet

- 18. Practising the Madanī In'amāt ought to be part of your life. Furthermore, infuse Madanī In'amāt with wisdom and affection in those members of your household whom you consider tender-hearted. If you are father, then make similar effort on your children. With the benevolence of Allah والمواجئة, Madanī revolution will take place in your households.
- 19. Islamic brothers should travel regularly for at least 3 days in Madanī Qāfilaĥ every month with the devotees of the Prophet and make Du'ā for their households during the Qāfilaĥ. Several Madanī Marvels regarding Madanī revolution in various households by virtue of Madanī Qāfilaĥ have been reported.

	Record-Rituals for Earnin	g Pleasure of All	عَزَّوَجَلَّ lah
1.	Was effort made to practise the pr most of the days of this month?	escribed Madanī In	'amāt during
2.	Did you communicate by writing most of the days of this month?	g at least 12 times a	a day during
3.	Did you communicate by gestures most of the days of this month?	s at least 12 times a	day, during
4.	Did you try to refrain from sta conversations, at least 12 times a this month?		v
5.	Did you use the Qufl-e-Madīnaĥ sp day, during most of the days of this		12 minutes a
6.	How many booklets of Amīr-	-e-Aĥl-e-Sunnat	1st Week
	did you read duri دَامَتُ بَرَ كَاتُّهُ هُ الْعَالِيَه		2 <sup>nd</sup> Week
			3 <sup>rd</sup> Week
			4th Week
			Total
7.	Upon how many Madanī In'āmāt month?	t out of 63 you trie	ed to act this
8.	In how many days, you performed	Fikr-e-Madīnaĥ this	s month?
عَزَّوَجَلً	This month, I succeeded !اَلْحَسْدُ لِلَّه	Ajmayrī Daughter	of Aţţar
	coming:	Baghdādī Daught	er of Aṭṭar

I will strive to act upon at least \_\_\_\_\_ Madanī In'āmāt in the next month, اللهُ عَنْوَةَ بَاللَّهُ عَالَمَةُ اللَّهُ عَالَمُ اللَّهُ عَالَمُ اللَّهُ عَلَى اللَّهُ عَالَمُ اللَّهُ عَلَى اللّهُ عَلَى اللَّهُ عَلَى اللّ

Madanī Daughter of Atṭar



### Easy Method of Fikr-e-Madinah



In this booklet, check boxes have been given for each Madani In'am corresponding to thirty days of the month. Fill this questionnaire every day at a fixed time whilst practising Fikr-e-Madinah (Ritual Contemplation). Use an "Inverted Tick Mark" ([~~]) to check off the box if the righteous deed mentioned in the Madani In'amit has been fulfilled. Otherwise, mark the box with a circle "O", Judy Jay Lagi You will progress in righteous deeds, feeling resentment towards sins.

It is mentioned in a Hadili, "Contemplating for a moment (in matters of afterlife) is better than Nafl worship of sixty years." (Al-Jami'as-Sugo, pp. 365, Jadil. 5897)

Du'a from 'Aţţār: O Allah Juō-l Whoever acts upon the Madani In'āmāt to win Your Pleasure filling out the booklet daily and submits it to his Żaili Nigrân every month, bestow him with steadfastness in righteous deeds and make him Your chosen servant.

Madani Month		Madani Year	1
Name with Father's Name:		Age (approx.):	
Complete Address			
Žailī Halqa:	Halqa:	Region/City:	
What time have you contemplation)?		dinah (i.e. for filling the check l	boxes during

Faizan-e-Madina Mahallah Saudagran Old Sabzi Mandi Babul Madina (Karachi)

+92-21-34921389 to 93, 34126999 Fax: +92-21-34125858 www.dawateislami.net , translation@dawateislami.net